

## Transforming People and Communities



CAP Services is a private, nonprofit Community Action Agency, providing over two dozen programs to assist in transforming people and communities since 1966.

CAP's mission is to transform people and communities to advance social and economic justice.



# Transforming People and Communities

Family Crisis Center Programs

#### Who we serve in our community:

All services are free and confidential

#### Everyone

All ages, gender and gender identities, race, ethnicity, religion, sexual orientation, socioeconomic status, or abilities

Two main areas of focus:

Domestic Abuse and Sexual Assault Runaway, At-Risk and Homeless Youth



#### Programs we offer to the community:

Emergency Shelter

24/7 Crisis Line

Outreach Services

Hmong Family Strengthening (HFS)

Runaway & Homeless Youth Services

Family Crisis Center

The Family
Crisis Center
shelter has been
serving the
community for
45 years!



#### Respect Confidentiality

Essential to building trust and ensuring safety. How we serve:

Navigate Systems & Offer Community Resources Believe and Validate

Listen and believe. Acknowledge feeling & let victim know they are not alone.

#### Safety Plan

Victim centered and culturally responsive. Individualized to meet victims needs. Acknowledge Injustice

The violence perpetrated against them is not their fault. No deserves to be abused.

#### Client-centered

- Understand and recognizing trauma and effects of trauma – meeting people where they are at in the moment
- Focusing on their strengths and needs
- Walking with them on their journey of choices and decisions
  - Advocacy not case management

#### Respect Autonomy

**Advocacy** 

Respect victims right to make their own decisions. They know their situation best.

## Emergency Shelter – Adult & Family

In 2023, the FCC sheltered 73 adults and 40 children for a total of 3,436 nights in shelter Scope of the FCC Shelter

Temporary and Emergency Shelter for adults and families impacted by domestic/sexual violence and human trafficking

- Stays are individualized; there are no time limit rules
  - Support Services
  - 24/7 Walk-in Service
    - Safety Planning
  - Restraining Order Assistance
    - Community Connections
      - Goal Setting
        - Resources

Outreach offices are located in shelter for a seamless continuum of services



## 24/7 Crisis line

In 2023, the FCC crisis line received 1,955 calls from the community

Callers can remain anonymous

Main types of calls

**Domestic Violence** 

Sexual Assault

Runaway & Homeless Youth

Mental Health & Suicide

Homelessness

Information & Referrals

Crisis line is afterhours line for all Outreach offices

Crisis line is staffed by Shelter Advocates

Crisis line
responds to
Sexual Assault
Examinations if
a volunteer is
not on-call



#### **Outreach Services**

In 2023, Portage
County Outreach
served 407
victims of
domestic
abuse with 1,404
contacts

114 Victims of Sexual Assault with 253 contacts Domestic Violence and Sexual Assault Advocacy Services Provided

- Emotional Support
  - Safety planning
  - Legal advocacy
- Court accompaniment
- Accompaniments to medical and other systems
  - Support Group
  - Community Awareness and Education
    - Mobile Advocacy

Bilingual Advocates



## Hmong Family Strengthening (HFS)

Hmong Week May 16th — 18th

Celebration
highlighting the
Hmong culture

#### Services Provided

All the same services as Outreach but with cultural understanding and by a staff member of the culture

- Services in Hmong language
- Support services seeking culturally appropriate resources
- Navigation of different systems of the cultures
  - Support for citizenship/documentation for victims
    - Abusive International Marriage



In 2023, HFS served 39 individuals with 432 contacts

## Runaway & Homeless Youth Services

In 2023, Youth
Shelter had 26
stays with 66
nights in shelter

#### Services Provided:

- Support Services and Family Mediation
  - Crisis Counseling
  - Information & Referrals
    - 24/7 crisis hotline
- Safety strategies, coping strategies, healthy relationships
  - Shelter for ages 11-17
- Runaway youth, respite and emergency placement

Teen Support Group



#### Future of Services

Funding loss of two major funding sources due to changes at state and federal level:

This results near \$1.1 million dollar funding loss over the three counties serving victims of violence in 2025

Majority of the funds support staff wages to provide services to the community

76% Funding Reduction on 10/1/2024

#### Impact:

- Reduction of positions
- Reduction of community presence
- Reduction of clients served or types of services able to be provided

## What can we do as a community?

Contact local legislation to share concerns and ask questions:

Wisconsin State Legislature Home Page

Support your local programs:

**Donations** 

**SAVS Volunteers** 

Sign up for the FCC's wish list

Email:
crisis@capmail.org
To get on the
wishlist and
quarterly
newsletter



Family Crisis Center

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